



# NIKKEI MANOR ACTIVITY CALENDAR

## MAY 2026

						<b>1 FRI.</b>		<b>2 SAT.</b>					
						9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F)		9:00 Japanese TV time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 RummiKub (1F) 3:00 Mahjong game (1F)					
						<b>8 FRI.</b>		<b>9 SAT.</b>					
<b>3 SUN.</b>		<b>4 MON.</b>		<b>5 TUE.</b>		<b>6 WED.</b>		<b>7 THURS.</b>					
9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) <b>1:30 Cabin Choir performance (1F)</b>		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Children Day Special (1F)</b> 2:30 RummiKub (1F)		Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>12:00 1st Dining (Natto) (1F)</b> 2:00 Adult coloring (1F) 3:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Mother's Day Photo Shoot (1F)</b> 2:30 Rummi Kub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Seattle Betsuin Buddhist Church Howa Kai (1F)</b> 2:30 RummiKub (1F) 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 2:00 RummiKub (3F)			
<b>10 SUN.</b>		<b>11 MON.</b>		<b>12 TUE.</b>		<b>13 WED.</b>		<b>14 THURS.</b>		<b>15 FRI.</b>		<b>16 SAT.</b>	
9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 RummiKub (1F)		Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Watercolor class by Senior Creating Art (1F)</b> 2:30 RummiKub (1F) 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Bingo with Kokoro Kai (1F)</b> 2:30 Rummi Kub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Movie in the dining room (3F)</b> 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Advance Exercise (1F) 2:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>12:00 FBC Senior Luncheon Outing</b>	
<b>17 SUN.</b>		<b>18 MON.</b>		<b>19 TUE.</b>		<b>20 WED.</b>		<b>21 THURS.</b>		<b>22 FRI.</b>		<b>23 SAT.</b>	
9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 May Birthday Party with Rainbow Chorus (1F)</b> 2:30 RummiKub (1F)		Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>12:00 1st Dining (Natto) (1F)</b> <b>2:00 Bingo (1F)</b> 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Relay game (1F) 2:30 Rummi Kub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Seattle Betsuin Buddhist Church Howa Kai (1F)</b> 2:30 RummiKub (1F) 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Drug Store outing</b> 2:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 RummiKub (1F) 3:00 Mahjong game (1F)	
<b>24 SUN.</b>		<b>25 MON.</b>		<b>26 TUE.</b>		<b>27 WED.</b>		<b>28 THURS.</b>		<b>29 FRI.</b>		<b>30 SAT.</b>	
9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 RummiKub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 RummiKub (1F) <b>(NO Kokoro Kai)</b>		Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>2:00 Dorayaki making and tasting (1F)</b> 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:00 Watercolor class (1F)</b> 2:30 Rummi Kub (1F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) <b>1:30 Ride Outing</b> 2:00 RummiKub (1F) 5:45 Blackjack (1F)		9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ball Workout (2F) 2:30 Ball Workout (3F)		9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 2:00 RummiKub (1F) 3:00 Mahjong game (1F)	
<b>31 SUN.</b>													
9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 RummiKub (1F)													



### Outing:

- Uwajimaya Walk: Tuesdays
- Faith Bible Church Luncheon: Saturday 5/16 (sign up by 5/4)
- Drug store outing: Friday 5/22 1:30pm
- Ride outing (Kerry Park): Thursday 5/28 1:30pm

\*Please sign up early at the front desk



Mother's Day

\*Some of the activities may be changed for a variety of reasons, please check the daily calendar in the dining room.